

MIAC announces 2019 Men's Soccer Awards

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BLOOMINGTON, Minn. – With another exciting conference season in the books and NCAA Tournament play set to begin this weekend, the Minnesota Intercollegiate Athletic Conference (MIAC) announced its annual men's soccer awards on Tuesday.

Augsburg midfielder **Lionel Vang** earned top honors as the conference's Player of the Year, while St. Thomas head coach **Jon Lowery** was named Coach of the Year. The MIAC also announced its All-Conference, honorable mention, and All-Sportsmanship Teams.

Vang (Sr. | Little Canada, Minn. | Roseville) enjoyed the best season of his four-year Augsburg career in 2019, setting personal bests with 10 goals and seven assists overall. Seven of his 10 goals came in conference play, four came on penalty kicks, and three were game-winners. Vang finished his 69-game collegiate career with 27 goals and 16 assists for 70 points. He is the first Auggie to be named MIAC Men's Soccer Player of the Year since Chad Gilmer in 2010.



Lionel Vang is the first Auggie since 2010 to be named MIAC Men's Soccer Player of the Year. (Photo: Chris Brady, Augsburg University)

Lowery was recognized by his peers with MIAC Coach of the Year honors for the third time in the last four seasons after leading the Tommies to a 9-1 record in conference play and a share of the regular season MIAC title. After enduring a six-game winless streak through much of September, Lowery's team buckled down to rattle off 11 straight victories, all against conference opponents. Lowery becomes the sixth coach in conference history to earn at least three MIAC Men's Soccer Coach of the Year honors.

In addition to individual awards, the Conference also honored Carleton College and Saint John's University as this year's Sportsmanship Award recipients. The award honors the team(s) with the lowest per-game card accumulation in Conference play, in a system where red cards are worth two points and yellow cards are worth one.

This year's All-Conference team included 22 players – the top 20 field players and top two goalkeepers. Eight of the 22 selections were seniors, four were juniors, eight were sophomores, and two were first-year players. Augsburg's **Lionel Vang** became just the 15th player in conference history to be named All-MIAC in four consecutive men's soccer seasons. Five players – Augsburg's **Daniel Hedstrom**, Carleton's **Marco da Cunha**, Gustavus' **Matt Gibbons**, Saint John's **Leighton Lommel**, and St. Thomas' **Jack Barry** – earned All-MIAC distinction for the second consecutive season. Regular season conference co-champions Gustavus and St. Thomas each had four All-Conference selections, while Augsburg, Carleton, Macalester, Saint John's, and St. Olaf each had two and Bethel, Concordia, Hamline, and Saint Mary's had one. Twenty additional players were named to the honorable mention squad.

As part of a Conference-wide sportsmanship initiative, the MIAC also announced the 14th annual All-MIAC Sportsmanship team for men's soccer. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

2019 MIAC MEN'S SOCCER AWARDS

Player of the Year: Lionel Vang, Augsburg (Sr. | Little Canada, Minn. | Roseville)

Coach of the Year: Jon Lowery, St. Thomas (8th Season)

MIAC Men's Soccer Sportsmanship Award: Carleton and Saint John's

2019 MIAC Men's Soccer All-Conference Team

Position	Name	Institution	Class	Hometown High School	Previous Selections
D	Jack Barry	St. Thomas	So.	Naperville, Ill. North	2018
F	Raphael Cattelin	Gustavus	Fy.	Edina, Minn.	--
F	Marco da Cunha	Carleton	So.	San Francisco, Calif. University	2018
F	Kagan Foster	Saint John's	Sr.	Alexandria, Minn.	--
M	Lucas Gaulmin	St. Olaf	So.	Brest, Finistere, France	--
F	Sam Gess	Concordia	Sr.	Fargo, N.D. Davies	--
M	Matt Gibbons	Gustavus	Jr.	Minneapolis, Minn. Minnehaha	2017 (HM) 2018

M	Thierno Gueye	St. Olaf	Jr.	Meudon, France Paris Ouest Nanterre La Defense	--
M	Charlie Hall	Carleton	So.	La Grange, Ill. Lyons Township	--
D	Daniel Hedstrom	Augsburg	Sr.	Hermantown, Minn.	2018
D	Sam Holton	St. Thomas	Jr.	Mequon, Wis. Marquette	2018 (HM)
D	Halvor Houg	St. Thomas	Jr.	Baerums, Norway	--
M	Leighton Lommel	Saint John's	Sr.	Waite Park, Minn. St. Cloud Apollo	2018
GK	Troy Louwagie	St. Thomas	Sr.	Plymouth, Minn. Wayzata	--
F/M	Nick Moore	Macalester	Sr.	Georgetown, Mass. Governor's Academy	--
F/M	Connor Nelson	Bethel	Sr.	Shoreview, Minn. Mounds View	--
D	Will Orser	Macalester	So.	Eau Claire, Wis. Memorial	--
GK	Wesley Sanders	Gustavus	Fy.	Urbandale, Iowa Waukee	--
F	Cole Schwartz	Gustavus	So.	Jakarta, Indonesia Jakarta Intercultural School	--
M	Eli Szymanski	Saint Mary's	So.	La Crosse, Wis. Logan	--
M	Lionel Vang	Augsburg	Sr.	Little Canada, Minn. Roseville	2016 2017 2018
F	Logan Weller	Hamline	So.	Prior Lake, Minn.	--

2019 MIAC Men's Soccer Honorable Mention

Position	Name	Institution	Class	Hometown High School	Previous Selections
D	Matt Anderson	Saint John's	Fr.	Omaha, Neb. Creighton Prep	--
F	Josh Balsiger	Saint Mary's	Sr.	Camas, Wash. Seton Catholic College Prep	2018 (HM)
M	Peyton Boich	Augsburg	Sr.	Cottage Grove, Minn. Park	2016 (HM)
M	Zack Bracken	Saint Mary's	Sr.	Osseo, Minn. St. Michael-Albertville	--
D	Justin Crawmer	Carleton	Fy.	Urbandale, Iowa Waukee	--
F	Will Douglas	St. Olaf	Jr.	Hudson, Wis.	2018
D	TJ Frantz	Bethel	Jr.	Mounds View, Minn. Irondale	--
D	Lance Halberg	St. Olaf	Fy.	Winona, Minn.	--
M	Marco Hernandez	Saint Mary's	Fr.	Eden Prairie, Minn.	--
D	Henry Koelling	Carleton	So.	Ann Arbor, Mich. Detroit Catholic Central	--
F	Floyd Krom	Macalester	Jr.	Naaldwijk, Netherlands UWC-Costa Rica	--
F	Max McLaughlin	Gustavus	Fy.	Urbandale, Iowa Waukee	--
D	Joe Parise	Saint John's	Jr.	Milwaukie, Ore. La Salle Prep	--
D	Jack Reddan	Hamline	Sr.	Madison, Wis. West	2018 (HM)
M	Farid Sani	St. Olaf	Jr.	Atlanta, Ga.	--
D	Henry Schaefer	Concordia	Sr.	Falcon Heights, Minn. Roseville	--
M	Robbie Sobczak	Saint Mary's	Sr.	Cloquet, Minn.	2017 (HM) 2018 (HM)
M	Paul Wadsworth	Saint John's	Jr.	Tacoma, Wash. Stadium	--

F	Nate Weaver	Concordia	So.	Minot, N.D. Shattuck-St. Mary's	--
M	Nick Zuchowski	Augsburg	So.	Wales, Wis. Kettle Moraine	--

2019 MIAC Men's Soccer Sportsmanship Team

Position	Name	Institution	Class	Hometown High School
D	Hsinku Lay	Augsburg	Sr.	Maplewood, Minn. Roseville
F	Brandon Martinez-Luhman	Bethel	Sr.	Minneapolis, Minn. St. Anthony Village
D	Bryan Kim	Carleton	Sr.	Middleton, Wis.
F	Aronah Mukhtar	Concordia	Sr.	Fargo, N.D. Davies
M	Scott Heinen	Gustavus	Jr.	Aurora, Ill. Waubonsie Valley
M	Jake Sullivan	Hamline	Fy.	Minneapolis, Minn. DeLaSalle
D	Jackson White	Macalester	Sr.	Danville, Calif. San Ramon Valley
F	Nathan Stone	Saint John's	Sr.	Inver Grove Heights, Minn. Simley
GK	Michael Maniak	Saint Mary's	Sr.	Wisconsin Dells, Wis.
B	Keith Loukas	St. Olaf	Sr.	Woodbury, Minn. Mounds Park Academy
F	Andrew Shirley	St. Thomas	Sr.	Hopkins, Minn.